



student assistance



ACI
SPECIALTY
BENEFITS

SOAR: Student Outreach, Assistance, Resources, offers students 24/7 access to professional counselors, financial experts, and work/life specialists to solve life challenges and succeed in school. Requests for services can be made through mySOARonline or by calling the SOAR Helpline.

MY **SOAR** ONLINE

**For urgent after-hours help,
the SOAR Helpline is available 24/7, 365
days-a-year. 800.932.0034**

When to use the SOAR program:

SOAR is available to help with any concern or problem affecting behavioral health, well-being and/or academic performance. Speak with a professional counselor for a variety of personal or school-related issues, including but not limited to:

- Academic Performance
- Balancing School and Life
- Time Management
- Depression
- Managing Stress
- Alcohol and Substance Abuse
- Parenting and Child Care
- Separation and Divorce
- Debt and Credit Issues
- Legal Consultation
- Roommate Conflicts
- Staying Focused & Motivated

One of SOAR's most popular components is **Tools for Daily Living**—a personalized referral service that helps students find affordable housing, childcare, school materials, job search assistance, transportation, and other common life needs.

The SOAR program is free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through ACI's 24/7 live-answer toll free number.

Additional Questions?
Contact Human Resources or contact
ACI Specialty Benefits directly at
800.932.0034
strayer@acisoar.com
<http://strayer.acisoar.com>

