



SOAR: Student Outreach, Assistance, Resources, offers students 24/7 access to professional clinicians, financial experts, and work-life specialists to help students solve life challenges and succeed in school.

### When to Use the SOAR Program:

SOAR is available to help with any issue affecting overall health, well-being and academic performance. Professional clinical assessment and comprehensive school-life resources and referrals are available to address:

- Academic Performance
- Balancing School and Life
- Time Management
- Depression and Anxiety
- Stress Management
- Alcohol and Substance Abuse
- Parenting and Child Care
- Separation and Divorce
- Debt and Credit Issues
- Legal Consultation
- Friend or Family Conflicts
- Staying Focused and Motivated

One of SOAR's most popular components is **Tools for Daily Living™**—a personalized referral service that helps students find affordable housing, child care, school supplies, jobs and transportation.

*The SOAR program is free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through mySOARonline and ACI's 24/7 live-answer, toll-free number.*

Accessing SOAR benefits is easy.  
Contact ACI Specialty Benefits at  
**800.932.0034**

[soar@acispecialtybenefits.com](mailto:soar@acispecialtybenefits.com)  
<http://strayer.acisoar.com>



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